

**ADVANCED
FRACTURES AND
INSTABILITIES**



28-29 November 2019

Trauma and disorders of the elbow and forearm

**Course in management of trauma and sequelae
with practical exercises on human specimens.**

**Course format: Case based discussions and
related lectures followed by practical exercises.**

Faculty:

Docent Carl Ekholm, Sweden

Prof Lars Adolfsson, Sweden

Prof Lars Müller, Germany

Dr Mikael Etzner, Sweden

A cooperation between: **Department of Orthopaedics, Linköping University Hospital
and Swemac Education**

Preliminary program

THURSDAY 28 NOV

- I. 8:30 INTRODUCTION
- 8:45 CASE BASED LECTURES
- considering pathomechanics
 - Wrist fractures; acute management and understanding of pathomechanics
 - Chronic instability
- 9:30 COFFEE
- 10:00 CASE BASED LECTURES
- Management of “atypical” fractures of the distal radius
 - Fractures of the distal ulna and “peri-ulnar” instability
 - Forearm fractures
 - Elbow dislocations
 - Radial head fractures
 - Longitudinal forearm instability
- 12:00 LUNCH
- II. 12:45 DISSECTIONS (WITH FILM DEMOS OF PROCEDURES)
- Recon procedure for radial head and elbow instability
 - Internal fix of distal radius and ulna; dorsal approach, volar approach to ulna, fixation of volar lip fragments
 - DRUJ; dissection of capsule, 6:th extensor tendon sheath, peripheral TFCC tear, detachment from ulnar fovea, distal oblique band.
 - Forearm plating and nerve identification
- 17:00 AFTER WORK | CASE DEMONSTRATIONS
- 19:00- COURSE DINNER

FRIDAY 29 NOV

- III. 8:30 **CASE BASED LECTURES**
- Fractures of the proximal ulna
 - Posteromedial instability
 - Terrible triad injuries
 - Coffee
- IV. 9:45 **WORKSHOP**
- 12:30 **LUNCH**
- V. 13:15 **CASE BASED LECTURES**
- Elbow instability
 - Elbow stiffness
 - Salvage procedures
- 15:00 **CLOSURE**

Course fee: SEK 10.500 excl. VAT

Application form



Application form

Name _____

Hospital _____

Department _____

Zip code _____

City _____

Phone _____

Mobile _____

Email _____

Invoice address _____

Reference _____

Hotel date _____

Other info _____



Send your application to: Swemac Education AB

Cobolgatan 1 | SE-583 35 Linköping Sweden | Phone +46 13 37 40 30 Fax +46 13 14 00 26

E-mail info@swemac.com | www.swemac.com